


The Transport for the South East Regional Travel Survey improves understanding of how people travel across the South East, and supports local transport planning. Aligned with the National Travel Survey, data was collected through extensive travel diary surveys, enabling more detailed analysis of local travel behaviour by local authorities. This factsheet summarises key travel patterns across Hampshire & the Solent in 2024/2025. We have also created factsheets for the other areas in our region.


 Average number of trips per person per year **925**


Overall, people in the area made fewer trips per year than the TfSE average (925 compared with 943) but travelled significantly further each year (10,060 miles compared with 8,900 miles). This indicates that people are taking fewer but longer trips.

## How people are travelling

### Average trip durations

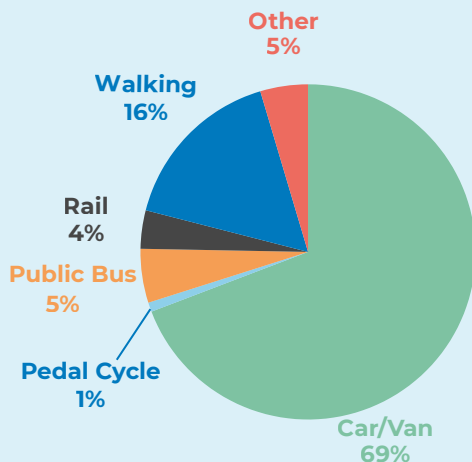
 **11-16 minutes**

 **18-20 minutes**

 **20-25 minutes**

Travel in Hampshire & the Solent is strongly shaped by car use. 69% of trips in the area are made by car, the highest proportion in the TfSE region. The area also shows the lowest levels of walking in the region and one of the lowest levels of cycling. These trends provide important context for understanding travel behaviour across the region and the challenges and opportunities it presents.

### Trips by Mode



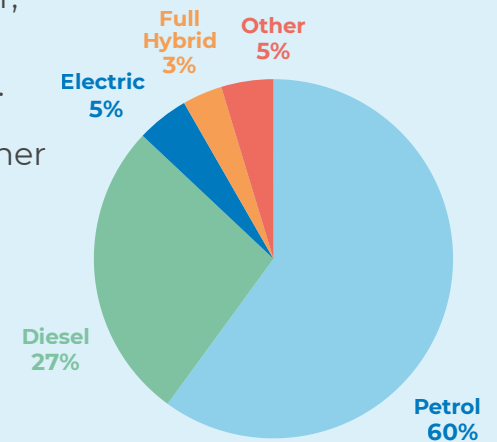
 **82%**

### Vehicle Ownership

82% of households in Hampshire & The Solent own at least one car, which is higher than both the TfSE and England average (79%).

Driving licence ownership is higher in Hampshire & The Solent than nationally, with 90% of adults holding some form of licence, compared with 75% in England.

### Vehicle Ownership



### EV Charging

In Hampshire & the Solent, the majority of EV charging takes place at home (58%). Most public charging takes place at service stations or charging hubs (14%) and workplaces or places of education (13%). Unlike the rest of the TfSE region, Hampshire & the Solent reports a higher share of charging at business or organisation car parks (10%), which is above the regional average.



**58%**

## Why people are travelling



**31%**  
Leisure

Hampshire & the Solent follows similar trip-purpose trends to the wider TfSE region. Leisure was the most common reason for travel in both areas.



**29%**  
Shopping

Shopping trips accounted for 29% of all journeys in Hampshire & the Solent, compared with 18% nationally.



**16%**  
Commuting

Commuting was also more prominent, making up 16% of trips compared with 12% across England.



**16%**  
Personal Business



**2%**  
Business



**3%**  
Education

## How people are commuting

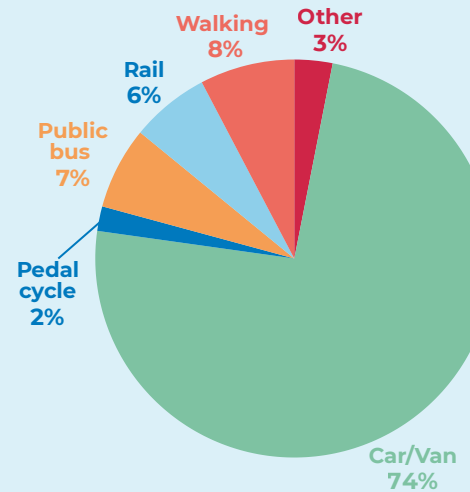
In Hampshire & the Solent commuting patterns are mixed, reflecting more flexible ways of working.

### Commuter frequency in 2024



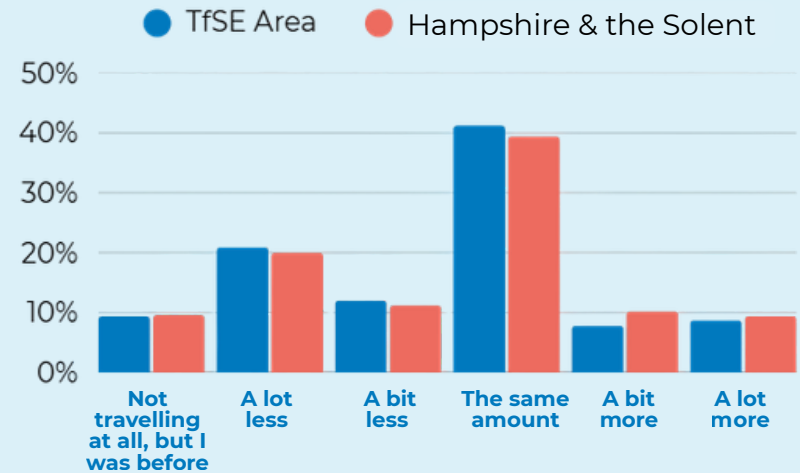
- Everyday 36%**
- At least once a week 42%**
- At least once a month 8%**
- Less than once a month 6%**
- Never 7%**

## Commuting Mode Share



Hampshire & the Solent generally follows the same trends as the rest of the TfSE region when comparing pre- and post-pandemic commuting patterns. Compared with pre-pandemic levels, 39% of people report commuting about the same amount, which is slightly below the TfSE average. A further 41% have reported commuting less. In contrast, 19% report commuting more often.

## Commuting Changes Since COVID



This fact sheet offers a short snapshot of selected findings from the RTS. While it highlights some key insights, the survey includes a much wider range of data, and full datasets can be provided on request. Please contact [coe@transportforthesoutheast.org.uk](mailto:coe@transportforthesoutheast.org.uk) for more information.